

OVER 1500 YEARS OF WISDOM FROM WOMEN YOU LOVE AND TRUST

EDITORS

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Wholeness Rising

EVERY WOMAN'S
WHOLENESS HANDBOOK



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Introduction



You are hungering for more. You have worked and sought and tried SO HARD, yet you have not yet gained the whole life of which you have dreamt. Some parts of your life are holding you back. You have read the scriptures, and believe wholeness is possible: wholeness in body, soul, spirit, relationships, and purpose. Sometimes it feels so close, just around the corner, and sometimes it feels oceans away.

1 Thessalonians 5:23 says, *“May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.”*

God cares about every part of you. We believe God placed this book in your life right now so that you can finally move forward from the stuck places that have kept you from wholeness. Dictionary.com says that wholeness is “the state of forming a complete and harmonious whole, unity; the state of being unbroken or undamaged; and the state of being unbroken or undamaged.”

This sounds a lot like Jesus’s description of His ministry:

Luke 14: 18-19 “The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favor.”

Now is your time to find wholeness that is “greater than you could ask or think!” (Ephesians 3:20). Our authors have been in your shoes and they will be your guides. These Wholeness Warriors were handpicked because they exude and exemplify wholeness after allowing the Lord to work a deep work of wholeness into them.

The wisdom in Wholeness Rising comes from older women and younger women, representing all seasons of women’s lives. Your Wholeness Guides (authors) are all different beautiful colors of skin. Some are psychologists/counselors, some are college professors, some are (mega) pastors, and one is a medical doctor. One author figure skates competitively, another author is a military wife, and one is a movie star. We have a mixture of women who are in ministry and women who are in the marketplace. The chapters in this book are written by single, married, and divorced women- some raising children, some empty nesters, some without children.

Our authors have overcome devastating challenges and learned to live in wholeness. You will learn keys to turning the pain of life, including child abuse, rejection, betrayal, divorce, grief and loss, motherhood angst, food addiction, anorexia, drug and alcohol addiction, domestic violence, insecurity, depression and anxiety, abandonment, failure, being bullied, and cancer, into purpose and wholeness.

This book is for every woman, and this book is uniquely for you. You will find the Lord speaking directly to you through these pages! Wholeness Rising addresses a breadth of issues that women are currently facing, and we believe that there will be something in every chapter that helps you in your journey to wholeness.

You will be beautifully transformed by the voices that fill this book, which is packed with the life messages of 27 wise and whole women. We welcome you to enjoy the 1500 years of wisdom packed into its pages. We believe this book is God’s message of love and wholeness to you.

You may scan the table of contents and see something right away that grabs your attention. You can skip around or you can read straight through- you might read some chapters once and some chapters five or ten or more times. Take your time and listen for what God may be saying to you through each woman.

We were created by a loving Father to
be full and free and whole.

Our Wholeness is Rising.

Your Wholeness is Rising Now!

Your Psychological

WHOLENESS
Rising



